

INSIDER'S GUIDE

CLÉO PIRES, ACTOR

One of Brazil's hottest young film and TV actors, Cléo Pires starred in the most expensive Brazilian film ever made, *Lula*, the biopic about the president Luiz Inácio Lula da Silva.

Pires lives in São Conrado, though that doesn't keep her out of the urban mix. 'I like to have breakfast at Market (see p033),' she says. 'It's cute and cosy.' And her affinity for lunchtime celebrity haunt Celeiro (Rua Dias Ferreira 199, T 2274 7843), which serves salads and organic fare, only adds to the café's paparazzi problem. 'When I'm not being healthy, I'll treat myself to a milkshake at Joe & Leo's (Loja 23, Estrada da Gávea 899, T 2422 0775) in São Conrado Fashion Mall. For dinner, Le Blé Noir (Rua Xavier da Silveira 19, T 2267 6969) makes the best wholewheat crêpes.'

She likes to shop at Dona Coisa (see p080), which has one of Rio's best collections of women's fashion, jewellery and design objects. Pires is also a regular at Gilda Midani (see p084), the tiny boutique Andrea Marques (Mezzanine, Rua Garcia d'Ávila 149, T 3202 2700) and Vintage House (No 303, Rua Aristides Espínola 121, T 3062 2747), which sells secondhand designer clothes.

For cocktails, Pires likes to kick back in Bar d'Hôtel in Marina All Suites (see p022), which has been a destination in Rio for years. 'I like the hotel's Bar d'Lado too,' she says. 'It has a great terrace. And of course everybody goes to Baretto-Londra (see p058).'

For full addresses, see Resources.



24 HOURS

SEE THE BEST OF THE CITY IN JUST ONE DAY

Cariocas live life to the full, with sexy, energetic flair. By day, the beaches are crammed with the young and lithe, showing off their bodies or working them out. At sundown, it's time for a beer and a bite at a *botequim* (pub), or a grill such as Garota de Ipanema (Rua Vinícius de Moraes 49, T 2523 3787), where Vinícius de Moraes and Tom Jobim penned the bossa nova hit *The Girl from Ipanema*. Restaurants and bars are packed until the early hours, whether at slick venues such as Boox (Rua Barão da Torre 368, T 2522 3730) or laid-back favourites like Zazá Bistrô (Rua Joana Angélica 40, T 2247 9101). Perfecting the art of the disco nap is an essential survival strategy. We recommend spending your evening in the kicking Rio Scenarium (see p038), but if you'd like more sophisticated cuisine and surrounds, it's hard to top Fasano Al Mare (see p058).

But there is far more to Rio than its intoxicating beach and bar scene. It's home to unique architecture, world-class museums and historical sites such as the 1837 Real Gabinete Português de Leitura (Rua Luís de Camões 30, T 2221 3138), a cultural centre and library, and Jardim Botânico, where the nearby Guimas (Rua José Roberto Macedo Soares 5, T 2259 7996) is a top choice for lunch. Rio also has a vibrant art scene (see p034) and diverse and top-quality shopping. The urge to see it all is hard to resist, and in order to catch Rio at its best, you need to keep moving. Here's how. *For full addresses, see Resources.*



09.30 Market

This indoor/outdoor café in a courtyard off Ipanema's main drag was launched by Beatriz Lobato in 2008 and is especially good for breakfast, but also serves great food throughout the day. It was designed by Luis Fernando Grabowsky, whose use of bold colours, from the frescoes on the walls to the 'Wait' chairs by English designer Matthew Hilton, defines the space. The food is a clever, mostly organic

take on Brazilian home cooking, with much of the fruit, veg and herbs sourced from a nearby farm. Order a signature smoothie, such as the banana with guava, and an egg-white omelette or acai with granola, and settle into a banquette with an English-language daily from the nearby Livraria da Travessa (see p086). *Rua Visconde de Pirajá 499, T 3283 1438, marketipanema.com.br*